

THE WORLD MIGHT BE ON LOCKDOWN,
BUT YOUR MARRIAGE DOESN'T HAVE TO BE!



**15 FUN ACTIVITIES TO
DO WITH YOUR
SPOUSE THIS
LOCKDOWN PERIOD!**

BY CECILIA AGU

10 FUN ACTIVITIES TO DO WITH YOUR SPOUSE THIS LOCKDOWN PERIOD!

The world might be on lockdown, but your marriage doesn't have to be!

In this book, you will find 15 carefully selected activities guaranteed to keep your spouse and you bonded even in the face of uncertainty.

BUT, it is your job to do some or all of these activities to get the desired result. So don't just read! Do the activities!

Cecilia Agu

(Bedroom Matters Boss)



I help you enjoy your marriage by teaching you how to communicate effectively, serve each and have amazing sex!

Hey queens, how are you doing today?

I know that a lot of negative news is flying all over the place, the media included, creating fear and panic but I want to encourage you to stay strong and positive in the COVID-19 pandemic.

A lot of nice things are also happening at this time but the media won't show them because it simply (isn't newsworthy). But I beg to differ.

We all will come out of this better people, stronger people and most importantly have a better relationship with your king!

This book is an easy read with lots of points and pictures on the types of fun activities that will help you and your husband bond better. Remember that couples who have fun together are happier.

Before we jump right in, try and get your king to read this with you. Let him choose the first activity and both of you should have fun doing it.

As an incentive, I want you to have rewards for anyone who wins, it could be: (erotic massage, foot rub, a sex activity, a dance etc).

My advice, make this fun.

So let's gooooooooooooo!

FUN ACTIVITIES COUPLES CAN ENGAGE IN AT HOME:

1. PRAY

Prayer is surely the best thing couples can do together especially Christian couples. I am not going to over flog it because you all go to church I believe. Pray and study the Word together,





2. EAT BREAKFAST IN BED.

It is absolutely fun eating in bed, especially breakfast!

It doesn't matter who is making breakfast even though it will be super cool for your king to make and bring it to bed for both of you. Alternatively, if you have a cook/chef and they are working in this lockdown, then let him or her make the meal and serve it or have the king bring it in.

It is extremely “hot” and “affectionate” to your queen when you do that and she might even start reminiscing on other things you both can do In bed (lol) go figure!





3. PLAY CARD GAMES!

Playing games definitely helps the both of you focus completely on each other. It helps release any tension if any. And it makes you both laugh, compete, kiss and appreciate each other more.

TYPES OF CARD GAME:

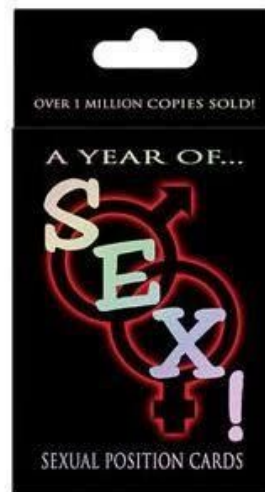
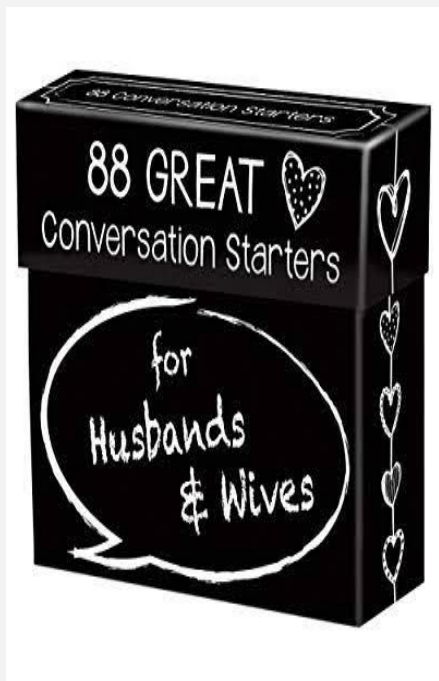
- a. Whot
- b. Patience or solitaire
- c. Poker
- d. Bible cards
- e. Sex cards

f. Conversation starter card etc.





Deck of Desire SEXY COUPLES CARD GAME



4. BOARD GAMES

There are various types of board games like:

- a. Ludo
- b. Snake & ladder
- c. Monopoly
- d. Scrabble
- e. Chess
- f. Checkers etc





5. COMPUTER OR VIDEO GAME

This type of game can keep your adrenaline pumping especially if it's the type that you have to play on your feet or that involves a lot of movement.

One or both of you might have enjoyed playing video games before, but playing together can be a lot more enjoyable. Choose games where you can team up against others or find ones where you can battle each other. Again, it's all about having fun.

Examples are:

- a. Ps3
- b. Just dance (there are different types)





6. EXERCISE TOGETHER:

This is not a class on how important exercise is to a man, but how fun and exciting it is when both of you actually engage in it. You can look for exercises you can do at home and outside if your environment is safe and secured. You will get exhausted together and have to shower together (wink wink). This is a stress releaser and bonding time.

PS. In this lockdown, we need to move around to avoid any health challenge okay?



How have the tips been so far? Good I hope.

Okay let's continue.

7. COOK TOGETHER

Go online together and find recipes for new things that you've never tried to make at home before. Get the groceries together, and get together in the kitchen without a lot of distractions. The act of cooking and dining with your king can be fun, new, intimate, and will bring you closer together.

You can even do a cooking competition and decide on a prize for the best dish. If you have kids, consider making them judge of the day.



8. KARAOKE!!!

Both of you can decide to sing to each if you have a karaoke machine set up at home. But if you don't, I've got great news for you:

- Go to YouTube,
- Search for 'karaoke + song title or song artist'
- Sing away.

Have fun while at it, dance too, video call other couples to join in the fun. If you don't have a microphone, use any object from the house or kitchen (wink) Enjoy!



9. MOVIE NIGHT

Movie nights can be extremely fun and romantic. No long story, just lock yourselves in and have a good time watching movies uninterrupted. Pop some popcorn if you can otherwise, snack on something else.



10. WATCH JOKES ON THE INTERNET!

Laughter is always good for the soul, so please surf instagram **@tundeednut** for funny videos or facebook. Don't forget YouTube, that place is like a marketplace for funny content. I recommend you look for AY tv. I promise, you will be entertained. He also has a new series called (CALL TO BAR) Thank me later.



11. DO TRENDING CHALLENGES.

There are lots of challenges this period, from dance, singing, make-up. Etc. Get involved and have fun while doing them. You don't have to post them if you're not a social media person, just record, watch it together, have a good laugh and maybe send to a few family members or friends and ask them not to share. This should make for a really good laugh and fun moment.



12. HAVE A ROMANTIC CANDLE LIGHT DINNER AT HOME.

This should be interesting. Plan ahead, have dinner prepared ahead, get candles if you don't have them at home now. Dress up really nice, smell nice, lady wear a heel if you do normally and just allow your king to date you on this special night. Smile, flirt and talk in a whisper if you know how to. Have a glass of wine and just talk about a memorable time in your lives. Whatever happens afterwards I trust you're capable of handling (hehehe)



13. SHOWER TOGETHER.

After an amazing dinner, comes a hot shower. Don't just take a bath, scrub each other's back and gently rinse the foam off your spouse's body. Whisper sweet things or dirty things into his/her ear (I don't care lol, sweet or dirty) you get my gist right? Hug and pat each other dry.



14. EROTIC MASSAGE.

Whoosh whoosh! This one is my favourite. Grab a bottle of oil. Allow him lie on his face and gentle massage his back while asking him if he wants it harder. Mind you, you're doing this massage **NAKED!** Then graduate into using your breasts to massage him. Move it down to his butt, massage in a circular movement. Then to his thigh and legs.

Whisper again, into his ears saying **“turn around for me (baby, honey, love, king, sexy, *choose the pet name that best sooth you*) turn around slowly”**. Help him turn. Then in his full glory, move your hands over his chest, round his nipples, kiss them if you like, kiss him on the lips.

Make sure he's not touching you yet. **(INSTRUCT HIM NOT TO)**. Move your hands lightly across his tummy and to his engine house (hmmmmmmmm!) You should look him in the eye throughout this frontal process and observe his facial expression, his silent yearnings

and concentrate on the part that gives him pleasure the most.

(DO YOU NEED ME TO CONTINUE? NAAAAAA QUEEN!) Take it from there.

My tip: Ask him to return the favour. **GOOD LUCK!**



15. PARTE AFTER PARTE (HAPPY ENDING)

Have you come across this phrase **massage with happy ending?** If not, it simply means, orgasm after massage. Yes! Some massage parlours offer that service but they're very discreet about it.

Ensure that you both have a good ministration and share **HOLY COMMUNION** too.

I hope this helps you live a more intentional life in this season. And create beautiful memories with your spouse. Bond with your spouse.

NOTE! These are not all the activities there are. I just want to give a few that can easily be activated. So please do me a favour, **TAKE ACTION!!!**

Finally, please write me your testimonials or questions. Below are the best ways to reach me directly.

Also, let me know if there is any specific area you would like me to write about or teach about.

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ENJOY YOUR MARRIAGE!

GOD BLESS YOU.